

The Rufus Centre

Meet, Work, Celebrate

Bespoke training courses at The Rufus Centre, delivered by industry professionals.

'EMERGENCY FIRST AID AT WORK'

One Day Course: Monday 17th May or Tuesday 18th May 2021



COURSE CONTENT

CPR
Choking
Burns
Basic Wounds
AED useable
Recovery Position
First Aid Kits
First Aiders Roles and Responsibilities

*****CERTIFICATE VALID FOR THREE YEARS*****
HSE Compliant

Just £120 plus VAT per delegate (inc. materials)

To Book Your Place Call 01525 631905

Why Choose The Rufus Centre For Your Training Needs?

**Expert Trainers. Covid-19 Secure Setting. Central Location. Free Car Parking.
20% Discount at Rendezvous Café & Bar on site. Friendly, Professional Staff.**

Come Train With Us!

T: 01525 631905
E: bookings@therufuscentre.co.uk

www.therufuscentre.co.uk

**[/TheRufusCentre](https://www.facebook.com/TheRufusCentre)
[/RendezvousCafe&Bar](https://www.facebook.com/RendezvousCafe&Bar)**

The Rufus Centre, Steppingley Road, Flitwick, Bedfordshire, MK45 1AH

[@RufusCentreFTC](https://www.twitter.com/RufusCentreFTC)

The Rufus Centre

Meet, Work, Celebrate

Introducing bespoke training courses at The Rufus Centre, delivered by industry professionals.

'FIRST AID AT WORK' TRAINING COURSE

Course Dates: Monday 19th to Wednesday 21st July 2021



COURSE CONTENT

CPR
Choking
Anaphylaxis
Diabetes
Heart Attack
Stroke
Burns
Basic Wounds
AED useable
First Aid Kits
First Aiders Roles and Responsibilities
Broken Bones

*****CERTIFICATE VALID FOR THREE YEARS*****
HSE Compliant

Just £220 plus VAT per delegate (inc. materials)

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