

RENDEZVOUS

Café & Bar



CAFÉ
Open

Monday to Friday
8am - 4pm
Saturday 8am - 2pm

MENU

KITCHEN

Open

Monday to Friday
8am - 2.30pm
Saturday 8am - 1.30pm



BREAKFAST & BRUNCH

Served until 11am

Full English - Large £9.95

2 sausages, 2 bacon, plum tomato, portabello mushroom, beans, hash brown, 2 free-range eggs (fried, poached or scrambled), 2 slices of toast. Vegetarian/Vegan options

Full English - Small £6.95

Sausage, bacon, plum tomato, portabello mushroom, beans, hash brown, free-range egg (choose from fried, poached or scrambled), slice of toast. Vegetarian/Vegan options

Smashed Avocado & Poached Egg (v) £6.50

Avocado on sourdough toast & free-range poached egg

Omelette (v) (available all day) £6.50

3 free-range egg omelette with your choice of 2 fillings: bacon, mushroom, spinach, cheese, ham, onion or tomato

Smoked Haddock & Poached Egg £7.50

Line caught smoked haddock & free-range poached egg

Breakfast Ciabatta (available all day) £5.50

Freshly baked ciabatta with free-range eggs, bacon & sausage

Belgian Waffles £5.95

Two Belgian waffles served with your choice of streaky bacon & maple syrup or mixed berry compote

Eggs on Toast (v) £3.95

Poached, fried or scrambled free-range eggs on toast

French Toast with Rum £5.50

Caramelised Banana & Maple Syrup (v)

Toasted brioche served with rum caramelised banana & maple syrup (alcohol free!)

Granola with Greek Yoghurt £3.50

& Honey (v,ve)

LOCALLY SOURCED PRODUCE

We're proud to source our products locally where we can including Ampthill based Wooden Hill Coffee, Deacons Butchers & Cottage Bakery

LUNCH & LIGHT BITES

Served from 11am

Ham, Egg & Chips £8.50

Hand carved roast ham, 2 free-range fried eggs & chips

Fish & Chips £10.25

Beer battered line caught fish served with Chef's homemade tartare sauce, chips & mushy or garden peas

Jacket Potato £6.50

Baked jacket potato served with mixed leaf salad, coleslaw and your choice of filling: cheese (v), baked beans (v), tuna, homemade beef chilli or Quorn chilli (v) & sour cream

Chilli Nachos £8.95

Homemade beef or Quorn chilli (v) served with tortilla chips, guacamole, salsa & sour cream

Jerk Chicken Wings £6.95

Chicken wings glazed with Chef Hendo's jerk sauce mixed leaves, fries & house slaw

Feta Cheese Wrap (v) £7.25

Feta cheese wrap filled with mixed leaves, sunblushed tomato & cucumber served with fries & house slaw

Hendo's Jerk Chicken Wrap £7.25

Chargrilled chicken breast marinated with Chef Hendo's Jamaican spices, mixed leaves, fries & house slaw

Chicken Caesar Salad £8.50

Roasted chicken breast, baby gem lettuce, crispy bacon, croutons, flaked parmesan & Chef's caesar dressing

Greek Salad (v,ve) £8.00

Feta cheese, cucumber, sunblushed tomatoes, red onion, baby gem lettuce & olives

Scampi & Chips £9.95

Scampi, chips & peas with Chef's homemade tartare sauce

Hummus Salad (v,ve) £8.00

Chef's hummus, homemade falafel & salad with warm pitta bread & crispy chickpeas

Chef's Friday Special! £7.50

Chef's homemade special - a great way to end the week. Check the specials board for details!

Rendezvous Café & Bar

The Rufus Centre, Steppingley Road, Flitwick, MK45 1AH

Follow us:    www.therufuscentre.co.uk

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SANDWICHES, TOASTIES & CIABATTAS

Served with mixed leaf salad, Chef's coleslaw & crisps. Upgrade to Fries £3 or Sweet Potato Fries £3.50

BLT	£5.25
Tuna Mayo	£5.25
Cheese (v) (tomato, onion or pickle optional)	£5.25
Pulled Chicken Mayo	£5.25
Egg Mayo (v)	£5.25
Salt Beef, Horseradish & Watercress	£5.25
Hand Carved Ham & Dijon Mustard	£5.25
Fish Finger & Chef's Tartare Sauce	£6.50

PANINIS

Served with mixed leaf salad, Chef's coleslaw & crisps. Upgrade to Fries £3 or Sweet Potato Fries £3.50

Chicken & Pesto	£6.25
Tuna Melt	£6.25
Cheese & Ham	£6.25
Sunblushed Tomato, Basil & Mozzarella (v)	£6.25

FANCY SOMETHING SWEET?

Check out our counter for today's selection of homemade cakes, sweet treats and ice cream. Our delicious ice cream is from award-winning Riverside Dairy based in Carlton, North Bedfordshire.

ALLERGENS & DIETARY REQUIREMENTS

Please make your server aware of any dietary requirements when ordering. Gluten Free options.
V=Vegetarian VE=Vegan option

CHILDREN'S MENU

Chicken Goujons	£5.25
Chicken goujons, chips & beans or peas	
Fish Goujons	£5.25
Fish goujons, chips & beans or peas	
Pitta Pizza (v)	£5.25
Pitta pizza & chips	
Mac & Cheese (v)	£5.25
Mac & Cheese with garlic bread	
Mini Sandwich	£4.00
Ham, cheese (v) or tuna sandwich (v), veg sticks & tortilla chips	

HOT DRINKS

Prices from:

Americano	£2.30
Latte	£2.80
Cappuccino	£2.80
Mocha	£2.80
Espresso	£2.30
Chai Latte	£2.80
Flat White	£2.80
Hot Chocolate	£2.80
Luxury Hot Chocolate	£4.10
Topped with whipped cream & marshmallows	
Tea Selection:	Cup £1.60
English Breakfast, Earl Grey	Pot £2.10
Speciality Teas:	£2.10
Peppermint, Green Tea, Camomile, Cranberry & Raspberry	

(Soya & speciality milks add 15p
Selection of coffee syrups add 50p)

COLD DRINKS

Selection of still and sparkling drinks and fruit juices available from our counter. Iced coffee freshly made to order.

**WIDE SELECTION OF BEERS,
WINES & SPIRITS AVAILABLE:
PLEASE ASK FOR OUR BAR MENU**

Our lovely little venue is available for private hire - Please ask for details!